COVID-19
CALLING HEALTHY CALIFORNIANS!

Every healthy Californian can safely help their community during these difficult times. Here are some ways you can make a difference:

Deliver Meals
Vulnerable seniors are at greatest risk amid COVID-19. Let’s help keep them safe and cared for. Contact your local Meals on Wheels organization, visit www.mealsonwheelsamerica.org. If your local program is not taking volunteers consider donating non-pershible items or money.

Donate to a shelter or food bank
During this time organizations are running low on food items, help them stay well stocked for those in need. Visit www.serve.ca.gov to find one near you.

Volunteer at a food bank
Food banks are in great need of volunteers to help pack and sort food. They are taking precautions to prioritize volunteer safety. Visit California Association of Food Banks at www.CAfoodbanks.org

Support Nonprofits

Wellness Checks
Check on Older Neighbors with a Call, Text or Talk through the door.

Hygiene Kits
Create hygiene kits and drop off at a shelter for people experiencing homelessness to help them stay healthy.

Donate Blood
Donated blood has decreased dramatically. Healthy, eligible donors are urged to come out and give to ensure there's lifesaving blood on the shelves for those who need it most. Visit the American Red Cross: www.redcrossblood.org.

Visit serve.ca.gov
Office of the Governor